



VA Midwest
Health Care Network
Honoring Service. Empowering Health.

VA Midwest Health Care Network

BLACK HILLS • SIOUX FALLS • FARGO • NEBRASKA-WESTERN IOWA
CENTRAL IOWA • IOWA CITY • MINNEAPOLIS • ST. CLOUD



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EXCELLENCE
in the 21st Century

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VA MIDWEST HEALTH CARE NETWORK

VA Midwest Health Care Network *Honoring Service. Empowering Health.*

The VA Midwest Health Care Network is here to deliver the highest-quality health care to you. You've earned it.

The VA Midwest Health Care Network, also known as Veterans Integrated Service Network (VISN) 23, is one of 21 VISNs within the U.S. Department of Veterans Affairs (VA) Veterans Health Administration.

The network serves more than 400,000 enrolled Veterans residing in the states of Iowa, Minnesota, Nebraska, North Dakota, South Dakota, and portions of Illinois, Kansas, Missouri, Wisconsin, and Wyoming.

Health care services are delivered through eight integrated health care systems, more than 60 community based outpatient and outreach clinics, eight Community Living Centers, and four domiciliary residential rehabilitation treatment programs. The network employs more than 12,000 employees and is a major contributor to medical research.

SPECIALTY PROGRAMS

- Rural Health Resource Centers
- Returning Service Members Transition Clinics
- Homeless Veterans Prevention and Rescue
- Telehealth and eHealth Solutions
- Geriatrics and Extended Care
- Spinal Cord Injury and Rehabilitation
- Polytrauma
- Mental Health
- Military Sexual Trauma

VA Midwest's teaching mission and clinical learning environment contribute to excellent patient care for Veterans and enhance our ability to attract and retain high-quality professional staff. Our major affiliations are with medical schools at universities in Iowa, Minnesota, and Nebraska.



We know Veterans have choices. We thank you for choosing the VA Midwest Health Care Network as your health care provider of choice. This publication is sent to provide you information about health care services available within the Network and to highlight where you can access those services. We have also enclosed answers to frequently asked questions about the Affordable Care Act. On the back cover we explain how Veterans and family members can enroll in a free, online personal health record. We hope you will find this magazine to be a useful resource tool when accessing your VA health care.

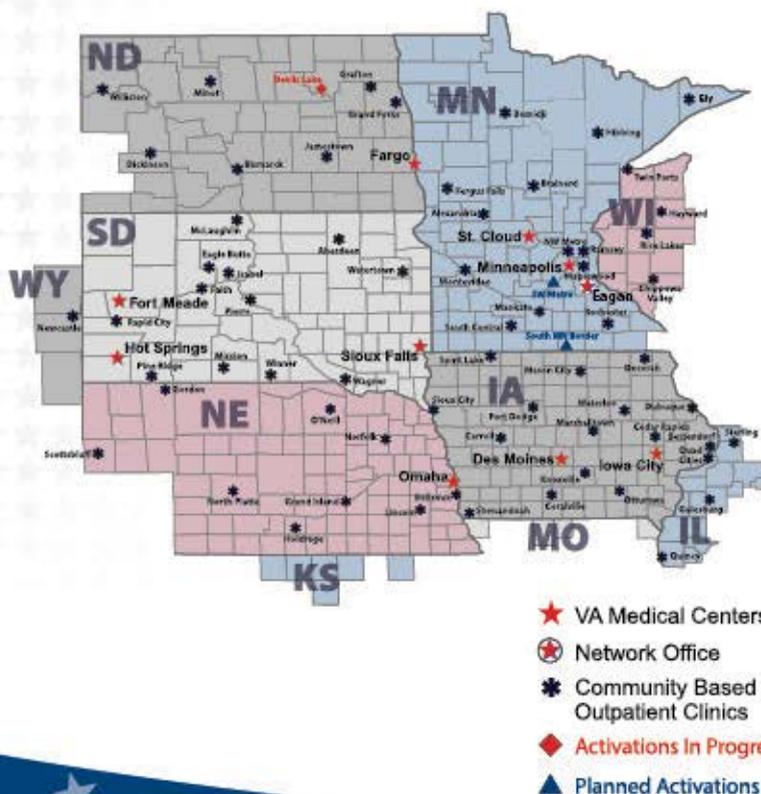
**– VA Midwest
Network Director
Janet P. Murphy**

You've given so much in service to our nation.
Now, VA Midwest Health Care Network is here to serve you.

ACCOMPLISHMENTS

VA clinicians and researchers are responsible for many of the great advances in medicine. Here are just a few:

- Scientists at the Minneapolis VA Brain Sciences Center identified patterns of brain activity that appear to be a marker of resilience to trauma.
- The Iowa City VA Health Care System Kidney Transplant Program is the only VA transplant program that performs combined kidney and pancreas transplants.
- In 2012, the VA Midwest Health Care Network opened the first VA Virtual ICU and the first Tele-ICU program in the Minneapolis community. This virtual eye-in-the-sky technology helps guide care at the bedside, sometimes from as far away as 1,200 miles.
- VA eHealth Solutions provides technology that aims to improve the health of Veterans and will expand clinical care beyond the traditional office visit. These tools are convenient, free, and available to any Veteran enrolled in VA health care.



The VA MIDWEST HEALTH CARE NETWORK consists of eight integrated health care systems including:

VA BLACK HILLS HCS

www.blackhills.va.gov
605-347-2511 | 605-745-2000

SIoux FALLS VA HCS

www.siouxfalls.va.gov
605-336-3230

FARGO VA HCS

www.fargo.va.gov
800-410-9723

VA NEBRASKA-WESTERN IOWA HCS

www.nebraska.va.gov
800-451-5796

VA CENTRAL IOWA HCS

www.centraliowa.va.gov
515-699-5999 | 800-294-8387

IOWA CITY VA HCS

www.iowacity.va.gov
319-338-0581 | 800-637-0128

MINNEAPOLIS VA HCS

www.minneapolis.va.gov
612-725-2000 | 866-414-5058

ST. CLOUD VA HCS

www.stcloud.va.gov
320-252-1670 | 800-247-1739

VA BLACK HILLS HEALTH CARE SYSTEM

VA Midwest Health Care Network *Honoring Service. Empowering Health.*

It is our mission to honor America's Veterans by providing exceptional care that improves their health and well-being.

VA Black Hills Health Care System provides primary medical and surgical care, along with residential rehabilitation treatment program services, nursing home care, and psychiatric inpatient services for Veterans who live in South Dakota, portions of Nebraska, North Dakota, Wyoming, and Montana. Care is delivered through the Fort Meade and Hot Springs VA Medical Centers and a number of community based outpatient clinics.

VA Black Hills Health Care System supports services at the Black Hills National Cemetery and the Veterans Outreach Centers in Rapid City and Martin, and serves as the primary health care provider for the State Veterans Home in Hot Springs. VA Black Hills has sharing agreements with Ellsworth Air Force Base, South Dakota Army National Guard, and many other community partners.

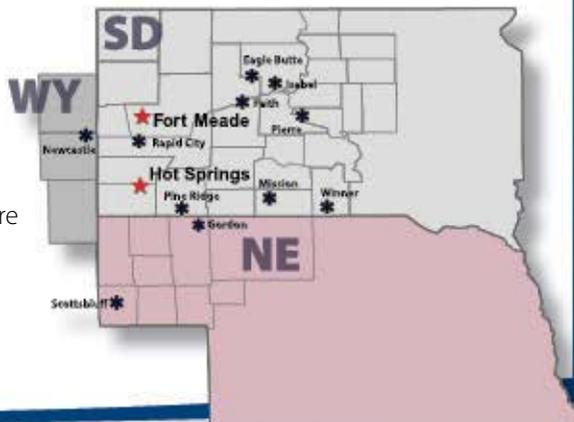
CLINICAL SERVICES

Our clinical services provide comprehensive health care and a wide range of patient care services including:

- Audiology and Optometry
- Dental
- Extended Care and Rehab Medicine
- Hospice and Palliative Care
- Mental Health
- Pharmacy
- Primary Care
- Social Work
- Spinal Cord Injury
- Surgical and Specialty Care

MENTAL HEALTH PROGRAMS

The extensive mental health programs at the VA Black Hills Health Care System provide treatment for mental, emotional, and substance use issues in both inpatient and outpatient settings. The programs assist in the treatment of post-traumatic stress disorder, substance use, serious mental illness, and a variety of mental health conditions.



COMMUNITY BASED OUTPATIENT CLINICS

Ensure that Veterans have access to health care facilities near their hometowns in addition to the facilities in Fort Meade and Hot Springs.

- Eagle Butte, SD
- Faith, SD
- Isabel, SD
- Mission, SD
- Pierre, SD
- Pine Ridge, SD
- Rapid City, SD
- Winner, SD
- Gordon, NE
- Scottsbluff, NE
- Newcastle, WY



Our state-of-the-art facility features technological innovations and research facilities that provide superior health care experiences.

SPECIALTY PROGRAMS

- Returning Service Members Program – Offers transition assistance and outreach services to all honorably discharged Veterans who have served in combat since Nov. 11, 1998. Telehealth primary care appointments are also available.
- Mental Health Residential Rehabilitation Treatment Program – Provides high-quality, residential rehabilitation and treatment services for Veterans with multiple and severe medical conditions, mental illness, addiction, psychosocial issues, homelessness, and vocational educational or other social difficulties.

HEALTHCARE FOR HOMELESS VETERANS PROGRAM

The Healthcare for Homeless Veterans program provides services to help prevent homelessness among the Veteran population through outreach to local community shelters and agencies, and assistance locating emergency, transitional, or permanent housing.

HIGHLIGHTS

- The Standing Assured Fully Empowered program is available for Veterans who are victims of acute sexual trauma.
- VA Black Hills Health Care System is part of the largest single network of spinal cord injury care in the nation.

CONTACT US

Fort Meade Campus

605-347-2511 | 800-743-1070

www.blackhills.va.gov

113 Comanche Road, Fort Meade, SD 57741

Hot Springs Campus

605-745-2000 | 800-764-5370

www.blackhills.va.gov

500 N. Fifth St., Hot Springs, SD 57747

Call Center

877-339-6837

www.blackhills.va.gov

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VA CENTRAL IOWA HEALTH CARE SYSTEM

VA Midwest Health Care Network *Honoring Service. Empowering Health.*

It is our mission to honor America's Veterans by increasing their access to benefits and services, providing them the highest quality of health care available, and controlling cost.

VA Central Iowa Health Care System operates a medical facility in Des Moines, with community based outpatient clinics in Mason City, Fort Dodge, Knoxville, Marshalltown, and Carroll. The medical center provides acute and specialized medical and surgical services, residential outpatient treatment programs in substance use and post-traumatic stress, a full range of mental health and long-term care services, and hospice and palliative care, as well as subacute and restorative rehabilitation services and a domiciliary.

An active graduate medical education program at VA Central Iowa Health Care System provides training to residents in the areas of general internal medicine, general surgery, ophthalmology, orthopedic surgery, otolaryngology, urology, and geriatrics. Medical students from The University of Iowa and Des Moines University also receive training at VA Central Iowa Health Care System. Academic affiliations include The University of Iowa Carver College of Medicine, Des Moines Area Medical Education Consortium, and Des Moines University, with numerous internship programs in allied health professions including programs at Drake University.

CLINICAL SERVICES

Our clinical services provide comprehensive health care and a wide range of patient care services including:

- Dental
- Domiciliary
- Home Health Care
- Low Vision Clinic
- Medical Foster Care
- Medical, Psychiatric, Surgical Inpatient and Outpatient Care
- Pharmacy
- Polytrauma Support Clinic
- Post-Traumatic Stress Disorder
- Primary Ambulatory Care
- Prosthetics

- Rehabilitative Care
- Women Veterans Health Care Clinic

LOW VISION CLINIC

The Low Vision Clinic cares for Veterans who are legally blind, those with low vision or functional vision loss, and those whose impairment cannot be corrected with glasses, contact lenses, or surgery. The clinic provides services such as comprehensive eye exams, magnifier or assistive technology prescription and training, and daily living skills training to eligible Veterans.



COMMUNITY BASED OUTPATIENT CLINICS

Also as a part of VA's rural initiative, ensure that Veterans have access to health care facilities near their hometowns throughout Iowa.

- Carroll, IA
- Fort Dodge, IA
- Knoxville, IA
- Marshalltown, IA
- Mason City, IA





Our state-of-the-art facility features technological innovations that provide superior health care experiences.

SPECIALTY PROGRAMS

- Telehealth – Provides health care services to Veterans in rural locations, specializing in mental health, audiology, orthopedics, and cardiology.
- Mental Health – Provides treatment for mental, emotional, and substance use issues in both inpatient and outpatient settings as well as residential care and telemental health services.

HEALTHCARE FOR HOMELESS VETERANS PROGRAM

The Healthcare for Homeless Veterans program provides services to help prevent homelessness among the Veteran population through outreach to local community shelters and agencies, and assistance locating emergency, transitional, or permanent housing.

HIGHLIGHTS

- We have a mobile clinic for Veterans with amyotrophic lateral sclerosis and spinal cord injuries.
- The clinic is accredited by the Commission on Accreditation of Rehabilitation Facilities.
- New radiology facilities offer MRIs, CT scans, mammography, and nuclear medicine.

CONTACT US

Main Number: 515-699-5999 | 800-294-8387
www.centraliowa.va.gov
3600 30th St., Des Moines, IA 50310

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FARGO VA HEALTH CARE SYSTEM

VA Midwest Health Care Network *Honoring Service. Empowering Health.*

It is our mission to honor America's Veterans by providing exceptional care that improves their health and well-being.

Fargo VA Health Care System provides a full range of patient care services through primary and specialty care that helps to improve the health of the men and women who have so proudly served our nation.

CLINICAL SERVICES

Our clinical services provide comprehensive health care and a wide range of patient care areas including:

- Primary Care
- Surgical Specialties
- Mental Health
- Extended Care and Rehabilitation
- Pharmacy
- Social Work
- Health Promotion and Disease Prevention Program
- Military Sexual Trauma Treatment

WOMEN'S HEALTH PROGRAM

The Women Veterans Health Program addresses the health care needs of women Veterans and works to ensure that timely, equitable, high-quality, comprehensive health care services are provided in a sensitive and safe environment. Some of the services offered within this program include gynecology, mammography, reproductive health care, maternity care, and preventative care. Treatment for military sexual trauma and mental health services are also included in the Women Veterans Health Program.



COMMUNITY BASED OUTPATIENT CLINICS

Our community based outpatient clinics ensure Veterans have access to quality VA health care near their hometowns. These clinics offer primary care along with the expansion of some additional outpatient services such as telemedicine, mental health, and audiology.

- Bemidji, MN
- Fergus Falls, MN
- Bismarck, ND
- Devils Lake, ND (Primary Telehealth Outpatient Clinic)
- Dickinson, ND
- Grafton, ND
- Grand Forks, ND
- Jamestown, ND
- Minot, ND
- Williston, ND



- ★ VA Medical Centers
- ★ Community Based Outpatient Clinics
- ◆ Activations In Progress



Our state-of-the-art facility features technological innovations and research facilities that provide superior health care experiences.

SPECIALTY PROGRAMS

- Social Work – Our skilled and experienced social workers help Veterans and their families find resources to meet their needs within both the VA system and the community.
- Mental Health – This program provides consultation, evaluation, and treatment for mental health.
- Telehealth – Telehealth continues to expand in the areas of mental health, nutrition and food services, speech, occupation and physical therapy, primary care, and surgical and specialty medicine care.

EXTENDED CARE AND REHABILITATION PROGRAM

The Extended Care and Rehabilitation program offers rehabilitation services through our Community Living Center and home and community care. These areas include physical and occupational therapies, palliative and respite care, and home-based primary and adult day health care.

RESEARCH AND EDUCATION HIGHLIGHTS

- More than 16 active research projects are being conducted in areas such as cancer prevention, infectious disease, cardiovascular disease, and diabetes.
- The Health Promotion and Disease Prevention Program is available to help Veterans improve their well-being and quality of life.

CONTACT US

Main Number: 800-410-9723

www.fargo.va.gov

2101 N. Elm, Fargo, ND 58102

Nurse Advice Line: 800-410-9723, press 4

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IOWA CITY VA HEALTH CARE SYSTEM

VA Midwest Health Care Network

Honoring Service. Empowering Health.

It is our mission to honor America's Veterans by providing exceptional care that improves their health and well-being.

Iowa City VA Health Care System provides a full range of patient care services with state-of-the-art medical techniques, programs, and research. Comprehensive health care is provided through primary, specialty, and contract long-term care. Services are available to the more than 184,000 Veterans living in Eastern Iowa, Western Illinois, and Northern Missouri.

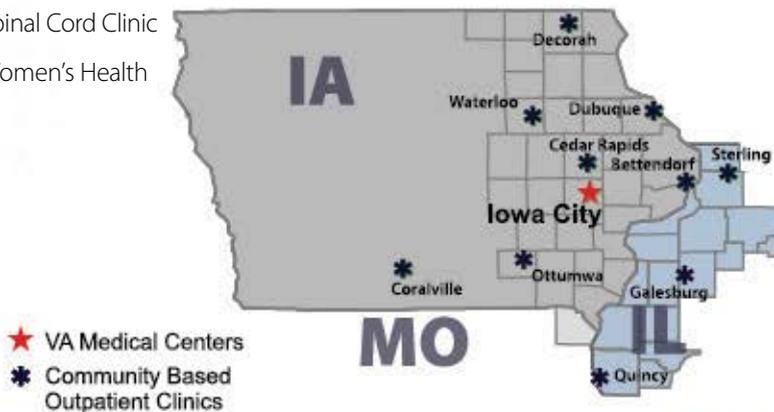
CLINICAL SERVICES

Our clinical services provide comprehensive health care and a wide range of patient care services including:

- Dental
- Extended Care and Rehabilitation
- Eye Clinic
- Imaging Services
- Mental Health
- Pharmacy
- Primary Care
- Prosthetics
- Social Work
- Spinal Cord Clinic
- Women's Health

KIDNEY TRANSPLANT PROGRAM

The Kidney Transplant Program serves Veteran patients who may require kidney transplant surgery. In cooperation with The University of Iowa Carver College of Medicine, this program has provided high-level care since 1969 and performed more than 2,500 kidney transplants.



COMMUNITY BASED OUTPATIENT CLINICS

Ensure that Veterans have access to health care closer to home.

- Bettendorf, IA
- Cedar Rapids, IA
- Coralville, IA (Outpatient Annex Clinic)
- Decorah, IA
- Dubuque, IA
- Ottumwa, IA
- Waterloo, IA
- Galesburg, IL
- Quincy, IL
- Sterling, IL



Our state-of-the-art facility features technological innovations and research facilities that provide superior health care experiences.

SPECIALTY PROGRAMS

- Returning Service Members Program – Offers transition assistance, outreach services, and case management to all Veterans who served in combat since Nov. 11, 1998, and were honorably discharged.
- Minority Veterans Program – Increases local awareness of minority Veteran-related issues and develops strategies to increase participation in VA benefits programs and to make sure that minority Veterans receive benefits and services, encountering no barriers in their attempts to access those services.

PREVENTION AND TREATMENT OF VISUAL LOSS

Iowa City VA Health Care System's Center for the Prevention and Treatment of Visual Loss focuses on the early detection of potential blinding disorders, including retinal disease and glaucoma. The center tests new ways of determining early signs of progression and response to treatment through the use of telemedicine and computer-aided diagnosis.

HIGHLIGHTS

- Performed first kidney transplant in Iowa
- Is one of five VA kidney transplant centers in the nation
- Pioneers studies on health issues including post-traumatic stress disorder, diabetes, and traumatic brain injury

CONTACT US

Main Number: 319-338-0581 | 800-637-0128

www.iowacity.va.gov

601 Highway 6 West, Iowa City, IA 52246

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MINNEAPOLIS VA HEALTH CARE SYSTEM

VA Midwest Health Care Network

Honoring Service. Empowering Health.

It is our mission to honor America's Veterans by providing exceptional care that improves their health and well-being.

Minneapolis VA Health Care System is one of the 10 largest VA medical centers in the country, serving more than 100,000 Veterans in a six-state area of the upper Midwest. Our facility provides a full range of patient care services with state-of-the-art technology, educational resources, and research. Comprehensive health care is provided through primary care, specialty care, and long-term care in areas of medicine, surgery, psychiatry, neurology, oncology, and geriatrics.

CLINICAL SERVICES

Our clinical services provide comprehensive health care and a wide range of patient care services including:

- Mental Health Counseling
- Physical and Occupational Therapy
- Polytrauma
- Primary Care
- Spinal Cord Injury and Disorder Care
- Traumatic Brain Injury Clinic

SPECIALTY PROGRAMS

- Returning Service Members Program
 - Offers care coordination and outreach services to Veterans who have served in combat since Nov. 11, 1998.
- Veterans Bridge to Recovery Program
 - Helps Veterans with serious mental illness to define and work toward their personal visions of recovery.



COMMUNITY BASED OUTPATIENT CLINICS

Ensure that Veterans have access to health care facilities near their hometowns throughout Minnesota and Western Wisconsin.

- Ely, MN
- Hibbing, MN
- Mankato, MN
- Maplewood, MN
- Ramsey, MN
- Rochester, MN
- St. James, MN
- Chippewa Falls, WI
- Hayward, WI
- Rice Lake, WI
- Superior, WI





Our state-of-the-art facility features technological innovations and research facilities that provide superior health care experiences.

WOMEN'S HEALTH CENTER

The Women's Health Center at the Minneapolis VA Health Care System was the second medical center in the country to provide women Veterans access to comprehensive primary health care, specialty care, and mental health care services in a designated clinic. Within the center we offer women's care services including endocrinology, gynecology, urology, mammography, and mental health care.

SPINAL CORD INJURY AND DISORDER CENTER

The Minneapolis Spinal Cord Injury and Disorder Center helps to enhance, maintain, and restore the functional independence of our patients by promoting participation in home, community life, recreational, and vocational pursuits through an interdisciplinary team approach. The center provides Veterans with state-of-the-art health care in a goal-oriented, patient/family-centered system that meets the holistic, lifelong health and psychosocial needs of the Veteran.

HIGHLIGHTS

- The quality of Minneapolis VA Health Care System cardiac recovery care is ranked higher than the national average and is among VA's best cardiac centers for treating heart attack or heart failure.
- Minneapolis VA Health Care System is designated as one of five VA Polytrauma Rehabilitation Centers designed to provide acute inpatient rehabilitative care to Veterans and active duty Service members who have experienced severe injuries.

CONTACT US

Main Number: 612-725-2000 | 866-414-5058

www.minneapolis.va.gov

1 Veterans Drive, Minneapolis, MN 55417

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VA NEBRASKA-WESTERN IOWA HEALTH CARE SYSTEM



It is our mission to honor America's Veterans by providing exceptional care that improves their health and well-being.

VA Nebraska-Western Iowa Health Care System strives to be the benchmark of excellence and value in health care by providing exemplary services that are both patient-centered and evidence-based. Care is delivered by medical teams that support learning, discovery, and continued improvement, with emphasis on prevention and well-being through education, research, and service in national emergencies.

Our team provides care to nearly 54,000 enrolled Veterans annually in 101 counties in Nebraska, Western Iowa, and portions of Kansas and Missouri.

CLINICAL SERVICES

Our clinical services provide comprehensive health care and a wide range of patient care services including:

- Audiology and Speech Pathology
- Community Living Center
- Dental
- Extended Care and Rehabilitation Services
- Mental Health Services
- Nuclear Medicine
- Pathology and Laboratory Services
- Pharmacy Services
- Primary Care Clinics
- Prosthetics
- Radiology
- Research
- Surgery
- Visually Impaired Support Team

WOMEN VETERANS HEALTH CARE PROGRAM

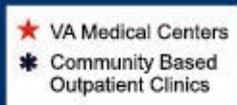
Our Women Veterans Health Care Program includes clinical services available to women such as gynecology, mammography, reproductive care, and menopause care.



COMMUNITY BASED OUTPATIENT CLINICS

Ensure that Veterans have access to health care facilities near their hometowns throughout Nebraska and Iowa.

- Shenandoah, IA
- Bellevue, NE
- Grand Island, NE
- Holdrege, NE
- Lincoln, NE
- Norfolk, NE
- North Platte, NE
- O'Neill, NE (Contract Outpatient Clinic)





Our state-of-the-art facility features technological innovations that provide superior health care experiences.

SPECIALTY PROGRAMS

- Telehealth – Provides health care services to Veterans in rural locations, specializing in mental health, audiology, and orthopedics.
- Interdisciplinary Pain Management Program – Helps Veterans learn to effectively live with chronic pain.
- Polytrauma Clinics – Assist Veterans with rehabilitation after serious injuries.

MENTAL HEALTH PROGRAM

The Mental Health and Behavioral Science Program provides treatment to Veterans within the mental health clinic, recovery center, substance use disorder program, mental health intensive care management program, and post-traumatic stress disorder clinic.

HIGHLIGHTS

- The Patient Aligned Care Team concept was pioneered at our facility

- VA Nebraska-Western Iowa Health Care System is affiliated with Creighton University and the University of Nebraska Medical Center, providing a rich environment for conducting research in three major focus areas:
 - Alcohol and Addictive Disorders
 - Obesity and Type 2 Diabetes Mellitus
 - Rheumatology and Immunology
- The health care system is developing a new dentistry program with the Air Force to correct severe damage to the jaw and face
- The Community Living Center helps to restore each Veteran to his or her highest level of well-being

CONTACT US

Main Number: 402-346-8800 | 800-451-5796
www.nebraska.va.gov
4101 Woolworth Ave., Omaha, NE 68105

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SIoux FALLS VA HEALTH CARE SYSTEM

VA Midwest Health Care Network *Honoring Service. Empowering Health.*

It is our mission to honor America's Veterans by providing exceptional care that improves their health and well-being.

The Sioux Falls VA Health Care System provides a full range of patient care services including primary, specialty, mental health care, and rehabilitation that help to improve the health of the men and women Veterans in eastern South Dakota, southwestern Minnesota, and northwestern Iowa.

CLINICAL SERVICES

Our clinical services provide comprehensive health care and a wide range of patient care services including:

- Audiology and Speech Pathology
- Chronic Disease Management
- Extended Care and Rehabilitation
- Home Based Primary Care
- Mental Health
- Military Sexual Trauma Counseling
- Nutrition
- Oncology
- Pharmacy
- Primary Care
- Prosthetics
- Social Work
- Specialty Care
- Women's Health Program

WOMEN'S HEALTH PROGRAM

The Women's Health Program targets programs to meet the unique needs of women Veterans. It offers services including gynecology, breast exams and mammography, reproductive health care, menopause treatment, maternity care, preventive care, and mental health services including treatment for substance use and military sexual trauma.

COMMUNITY BASED OUTPATIENT CLINICS

Ensure that Veterans have access to health care facilities near their hometowns. These are located in:

- Aberdeen, SD
- Wagner, SD
- Watertown, SD
- Sioux City, IA
- Spirit Lake, IA



- ★ VA Medical Centers
- * Community Based Outpatient Clinics





Our state-of-the-art facility features the latest technology to provide Veterans with superior health care.

SPECIALTY PROGRAMS

- Returning Soldiers Program – Offers transition assistance and outreach services to all honorably discharged Veterans who have served in combat since Nov. 11, 1998.
- Social Work Program – Provides professional social work services through mental health, case management, and counseling throughout the VA health care system.
- Health care for Homeless Veterans – Provides services to help prevent homelessness among Veterans through outreach to local community shelters and agencies, and assistance locating emergency, transitional, or permanent housing.

LOW VISION CLINIC

The Low Vision Clinic cares for Veterans who are legally blind, those with low vision or functional vision loss, and those whose impairment cannot be corrected with glasses, contact lenses, or surgery. The clinic provides services such as comprehensive eye exams, magnifier or assistive technology prescription and training, and daily living skills training to eligible Veterans.

RESEARCH AND EDUCATION HIGHLIGHTS

- Has an active research program with research projects including diabetes, stress and coping, stroke prevalence, and obesity-related kidney disease.
- Affiliated with the University of South Dakota Sanford School of Medicine, which supports residency programs in internal medicine, pathology, pharmacy, and psychiatry, plus a fellowship in geriatrics.

CONTACT US

Main Number: 800-316-8387 | 605-336-3230

www.siouxfalls.va.gov

2501 W. 22nd St., P.O. Box 5046, Sioux Falls, SD 57117-5046

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ST. CLOUD VA HEALTH CARE SYSTEM

VA Midwest Health Care Network *Honoring Service. Empowering Health.*

It is our mission to honor America's Veterans by providing exceptional care that improves their health and well-being.

The St. Cloud VA Health Care System delivers excellence in health care and compassionate service to Central Minnesota Veterans in inviting and welcoming environments close to home, including the 388-bed medical center in St. Cloud and community based outpatient clinics in Alexandria, Brainerd, and Montevideo.

We provide comprehensive primary and subspecialty medical care, including urgent care, inpatient, outpatient, and residential mental health care, and surgical and specialty care, including ambulatory surgery.

We provide excellent health care and deliver it with great customer service. Our approach to health care is simple: We put each Veteran at the center of the health system and focus our efforts and resources on wellness and prevention in order to realize the Veteran's vision of his or her personal health and wellness.

CLINICAL SERVICES

Our clinical services provide comprehensive health care and a wide range of patient care services including:

- Audiology
- Ambulatory Surgery
- Dental
- Healthcare for Homeless Veterans
- Hospice and Palliative Care Programs
- Laboratory
- Mental Health
- Optometry
- Orthopedics
- Pharmacy
- Podiatry
- Primary Care
- Pulmonology
- Radiology

- Social Work
- Surgical and Specialty Care
- Urology
- Women Veteran Health Care Program

MENTAL HEALTH PROGRAM

The extensive mental health programs at the St. Cloud VA Health Care System provide treatment for mental, emotional, and substance use issues in inpatient, outpatient, and residential settings. The programs assist in the treatment of post-traumatic stress disorder, serious mental illness, and a variety of mental health conditions.



COMMUNITY BASED OUTPATIENT CLINICS

Ensure that Veterans have access to health care facilities near their hometowns throughout Central Minnesota.

- Alexandria, MN
- Brainerd, MN
- Montevideo, MN





Proudly serving Veterans since 1924, the St. Cloud VA is modernizing and expanding services to meet the health care needs of today's Veterans.

SPECIALTY PROGRAMS

- Mobile Audiology Program – Offers enhanced access to audiology services by providing convenient and complete audiology services at all community based outpatient clinics and other remote locations.
- Women Veteran Health Care Program – Provides women Veterans with comprehensive primary care, urgent care, preventive health screenings, family planning services, reproductive health care, weight management, and mental health services.

COMMUNITY LIVING CENTER

The Community Living Center at the St. Cloud VA Health Care System is an extended care and rehabilitation center that provides skilled care through home and community care programs, outpatient adult day health care, nursing home care, ventilator-dependent care, memory care, hospice and palliative care, and a variety of rehabilitation programs.

HIGHLIGHTS

- State-of-the-art Ambulatory Surgery Center performs same-day surgical procedures.
- Our highly regarded 148-bed residential rehabilitation treatment program provides treatment in a residential setting to Veterans with mental health illnesses who may or may not have a substance use disorder.

CONTACT US

Main Number: 320-252-1670 | 800-247-1739

www.stcloud.va.gov

4801 Veterans Drive, St. Cloud, MN 56303

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VA continually strives to be at the forefront of modern health care. My HealthVet is the gateway to Veterans' health and wellness. It is a free, online personal health record available to Veterans, their family members, and VA employees.

MY HEALTHeVET

A tool to help Veterans, active duty Service Members, friends, and families understand and manage their health:

Create and manage a personal, confidential, and secure health journal of allergies and immunizations, insurance information, self-entered logs of blood pressure, blood sugar, weight, cholesterol levels, and other data.



ALLOWS YOU TO EASILY VIEW:

- VA medical appointments
- Lab results
- Prescription history
- Portions of your official VA health record (as they become available)
- U.S. Department of Defense military service information

A SAFE AND SECURE SITE FOR TRANSMITTING INFORMATION:

- Contact your primary care providers and team via secure messaging.
- Avoid long hold times on the telephone or missed phone calls from your health care team.

ENABLES THE USE OF SOME OF VA'S MOST HELPFUL RESOURCES:

- Health calendar
- Wallet health information card
- Trusted educational information
- Self-assessment tools and VA wellness reminders
- Customized, online health reminders for patient wellness

www.visn23.va.gov